

# Diocese of Western Massachusetts Daughters of the King Newsletter ~ Epiphany 2011



*For His Sake....I am but one, but I am one. I cannot do everything, but I can do something.  
What I can do, I ought to do. What I ought to do, by the grace of God, I will do.  
Lord, what will you have me do?*

## *A Message from your President.....*

*"Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up." Ecclesiastes 4: 9-10*

### **PRAYER PARTNERS: a suggestion from Bishop Scruton**

In a recent conversation with our Bishop, he suggested that Daughters might find having Prayer Partners beneficial.

What? Prayer Partners are two or three people within a chapter, or for Daughters-At-Large within the diocese, who communicate weekly to build relationships, strengthen our bonds as Daughters, and enrich our own servant ministries.

Why? Since most of our Chapters meet only once a month, having Prayer Partners within a Chapter would give more strength, support, and sustenance to Daughters in Chapters. For our Daughters-At-Large, having a Prayer Partner would insure a specific connection for support with the DOK in our Diocese.

How? Take time at a meeting to identify partners. Putting names in a hat, box or bag works well. Or, use numbers, one for each person; numbers 1 and 2 are a pair, 3 and 4 a pair and so on.

The Bishop suggests this structure: Call your Prayer Partner once a week and ask two questions:

- 1 What are you really thankful to God for this week?
2. What are you least thankful for? How can I pray for you? (Two parts of the same question.)

### A few special circumstances:

- For chapters with uneven numbers: If drawing names, have the last name join another pair. If using numbers, have the highest odd number join the last pair. When new partners are formed make sure the trio changes.
- For Daughters-At-Large, the Diocesan President will pair up the Daughters, or they might be paired with a chapter.
- For Clergy Daughters: they will be paired with another ordained Daughter.
- For someone who already has a Prayer Partner within a chapter this is an opportunity to change.

Personally, I look forward to this new structuring for Prayer Partners and I do hope you all decide to follow our Bishop's suggestion. Please contact me with any questions or for help with "partnering."

*"Therefore encourage one another and build each other up,  
just as in fact you are doing." 1 Thessalonians 5:11*

*blessings fHs, Mariana Bauman*

## Junior Daughters of the King News

In September 2010, your President gave away one of her hats! The new Directress of the Family of Love and Faith Junior Chapter is now Kathy Johnston. Kathy is a member of the Bishop's Chapter and had worked with the Jr. Chapter from its beginning in January 2005.

Three new Juniors were welcomed in on November 7, 2010 at Christ Church Cathedral. This brings the membership to 5 with two of the older girls hopefully transitioning to Senior DOK in the near future.

From August 4 -7, 2011, there will be a National Junior Daughters Directress Retreat and Conference at the St. Christopher's Retreat Center in South Carolina. Kathy and I will be attending as will a Junior Directress from the Diocese of CT. (At this time there are 2 Junior Chapters in Province I.)

Anyone interested in starting a Junior Chapter please contact me for more information. I am still involved in this ministry, as Provincial contact for Junior Daughters of the King and on the committee writing a Junior Directress Manual.

*blessings & As, Mariana Bauman*

## Chapters

**Bishop's Chapter:** Christ Church Cathedral, 35 Chestnut St., Springfield, MA 01103-1705

**Family of Love and Faith Jr. Chapter:** Christ Church Cathedral, 35 Chestnut St., Springfield, MA 01103

**Lydia Chapter:** Trinity Church, 33 Linwood St., Whitinsville, MA 01588

**Mary and Martha Chapter:** Holy Trinity Church, Southbridge, MA 01550-0685

**Mary The Mother of Jesus Chapter:** St. John's Episcopal Church, PO Box 374, North Adams, MA 01247

**Ruth Chapter:** Chapel of All Saints, 1469 Main St., Leominster, MA 01453-6617

**St. Andrew's Chapter:** St. Andrew's Church, 335 Longmeadow St., Longmeadow, MA 01106-1399



## Calendar

*~ Details and times to follow ~*

Saturday, May 14, Quiet Day.

Fall Assembly Date to be decided



### Reminder:

#### Master's Fund collection at Pentecost

The Master's Fund has been in operation since September 1922. It was established through a Thank Offering to be given at Pentecost in loving commemoration of the coming of the Holy Spirit. Donations from Daughters of the King and friends of the Order provide the monies for the awards. Funds have always been used to help women prepare for service in church related work. Presently, three types of grants are given: Provincial Grants, Continuing Education Grants, and Master's Fund Scholarships.

→ **Pentecost falls on Sunday, June 12, 2011**

### Officers

**President:** Mariana Bauman

**Treasurer:** Karen Gladwin

**Secretary:** Susan Howland

**Province I President:** Donna Abramov



### Reminders:

If you have a change in contact information please contact Mariana Bauman with the changes: [marianab@earthlink.net](mailto:marianab@earthlink.net). Or call: 413-733-1208.

Do you have email? Or did you change your email? Send us an email with "Daughters address" in the subject line and your name in the body of the email to: [OfficersWMADOK@gmail.com](mailto:OfficersWMADOK@gmail.com) and we will add you to the e-mailing list.

If your chapter is installing new Daughters, or there is a funeral of a Daughter, Mariana would like to attend if possible, and she will share your news.



(L to R: Trudy Miller, Rev. Annie, and Mabel)

***A Note about our Diocesan Chaplain....***

***The Rev. Annie Ryder*** was in the diocese of Kumasi, Ghana, our companion diocese, for most of February. She left on February 8, along with The Rev. Jane Griesbach and Trudy Miller, and returned on February 25th. You can read Jane's blog, and see some wonderful photos here: <http://kumasimission.posterous.com>.

**Fall Assembly 2010**

On Saturday, September 18, 2010 from 9:00 - 2:30 PM the Daughters of the King of Western Massachusetts gathered for their Diocesan Assembly; the topic was Gathering of Grace ~ Gratefulness is the Heart of Prayer.

During the Morning Session we were introduced to our Province 1 DOK President, Donna Abramov, and Province 1 DOK Chaplain, The Reverend Audrey Murdock. After they shared some personal stories they let us know about the Province 1 DOK Facebook page to which dues paying members are invited. There was some discussion about Daughters-at-Large, Daughters changing denominations, and the possibility of "online" chapters; on-line chapters have not been approved. The Royal Cross is on-line, but will still be mailed to members with up-to-date dues.

Phyllis Larson gave a brief history of the 125 years of The Order of the Daughters of the King. 125 years ago the organization met in living rooms, then moved to basement offices, and today the Daughters have their own building in Woodstock, Georgia. She touched on some of the difficulties the Order has been experiencing with churches leaving The Episcopal Church and the problems this raises for chapters. She also talked about the formation of the Episcopal Community and some of the tension this has produced.

Phyllis gave us an update on the 2012 Daughters triennial meeting in Indianapolis, Indiana: Wednesday, June 27, 2012 through Sunday, July 1, 2012. The theme for the Triennial 2012 will be: ***"Looking for Jesus-Spreading His Love."*** Each chapter is eligible to send one voting delegate plus an alternate, however all daughters are encouraged to attend. Check out the DOK National Website at: [www.doknational.com](http://www.doknational.com)

Mariana Bauman, president, led us in a meditation titled, ***"How Do We Cultivate a Grateful Heart During Hard Times?"*** She discussed two possible roadblocks to gratefulness: entitlement; taking blessing for granted, and focusing on dissatisfaction. But, she said, "As Christians we are called to be the people of Hope-people of the resurrection."

We know God has called us to be thankful people and the benefits of this were shown in a recent study when three groups of people were given three different assignments:



- Group #1 was asked to keep a diary
- Group #2 was asked to keep a diary of negative thoughts
- Group #3 was asked to keep a diary of gratefulness.

It was discovered that the daily gratitude group was: more alert, had more enthusiasm, was more determined, more optimistic, had more energy, and was less depressed. They were more likely to help others, exercise more, progress to personal goals and felt more loved. This produced a positive cycle of reciprocal kindness.

We shared noon prayers, a brown bag lunch, and good conversation. During the afternoon we could choose a workshop: Meditation and Art or a Prayer Bead workshop.

We closed the gathering with discussion and prayers.

*LHs, Susan Howland, Secretary*

## Obituaries

**January 18, 2010 Elva Procopio** - Mary and Martha Chapter, Southbridge, MA. Elva had been very active in her parish in FL .She came north to be closer to her son, and transferred into the chapter at Holy Trinity.

**March 22, 2010 Monica Woddell** - Maranatha, Chicopee, MA Monica was a charter member of the Maranatha Chapter (1996), St. Christopher's. The Chapter is now closed with the remaining Daughter a DAL .

**September 5, 2010 Maryanne Keefe** - Ruth Chapter, Leominster, MA. Maryanne was a charter member of the Ruth Chapter (1992), at The Chapel of All Saints.

**October 21, 2011 Nancy Scarpignato** - Ruth Chapter, Leominster, MA. Nancy also was a charter member of her chapter and also was the Treasurer for Prov. I when her mother, Jo Meloon was Province I President.

**December 3, 2010 Jo Meloon** - Ruth Chapter, Leominster, MA. Jo was a charter member of the Ruth Chapter (1992) and also served as Province I President for two terms.

*"May the souls of the dearly departed rest in peace and rise in glory."*

## GRADUATIONS

**Julie Butcher** Lydia Chapter, Trinity, Whitinsville, MA. *University of Phoenix* - Associate's Degree in Health Care Administration. November 22, 2010.

**Susan Howland** Mary and Martha Chapter, Holy Trinity, Southbridge, MA. *Music For Healing and Transition Program* - Certified Music Practitioner. August 28, 2010.

**Beverly Lavallee** Mary and Martha Chapter, Holy Trinity, Southbridge, MA. *Worcester State University* - Bachelor of Science Degree in Psychology. Finished work and will receive degree in May 2011.

**Erika Scarpignato** Ruth Chapter, Chapel of All Saints, Leominster, MA. *Fitchburg State University* - Bachelor of Science Degree in Special Education. Dual Licensure in Severe Special Education ages 3-22, General Elementary Education Grades 1-6. January 21, 2011

## Advent Quiet Day 2010

### YEARNING FOR THE GOD WHO COMES TO US

The 2010 Advent Quiet day was led by The Rt. Rev. Chilton R. Knudsen, retired bishop of Maine. Bishop Knudsen continues a ministry of healing and consultation across the wider Church, including service as a missionary in Haiti, from her home in Bath, Maine. She recently coauthored the book, So You Think You Don't Know One: Addiction and Recovery in Clergy and Congregations.

Bishop Knudsen says, *"In Advent, the Church acknowledges our yearning for God's presence. This Quiet Day will help us study the Advent Scriptures and enter into the yearning which is at the heart of the Advent texts."* We used the four Advent collects as a focus for our meditation and then had the opportunity for reflection in conversation or in private silence to open ourselves to the One who comes to us in Jesus, the Word made Flesh, who came to dwell among us.

Our focal point during the meditation was the Holy Trinity icon by Andrei Reblev, and we learned a chant that was woven through the day.

We shared a simple soup lunch prepared by the people of St. Mark's Church.

This Quiet Day was a joint effort of St. Mark's Church, The Order of the Daughters of the King, and the Episcopal Church Women. Province I DOK President, Donna Abramov, and Province I DOK Chaplain, The Reverend Audrey Murdock joined us for the day. A Free Will Offering was taken and a total of \$216.00. was sent to Bishop Knudsen's mission efforts in Haiti.

*f.Hs, Susan Howland, Secretary*



**Diocesan News....** Watch for communication about our Easter Season Quiet Day, May, 14, 2011.

**Chapter News....** There is no special news from individual chapters. It looks like the Daughters are concentrating on the basics: prayer and service.

### Daughters of the King, Diocese of Western Massachusetts Financial Report

06/23/2010 Starting Balance		\$526.55
Income		
Jul 26, 2011	Deposit	\$30.00
Oct 19, 2010	Assembly proceeds	\$220.00
Nov 29, 2010	Check from National (dues)	\$260.00
Jan 3, 2011	Advent Quiet Day proceeds	\$20.00
	Total	\$530.00
Expenses		
Dec 10, 2010	Newsletter Expenses	-\$95.40
<i>fAs, Karen Gladwin</i>	Feb 6, 2011 <b>Ending Balance</b>	<b>\$961.15</b>

#### **News From National....**

##### **The National Daughters website now has an "In Memoriam" Page**

I am pleased to announce the addition of an "In Memoriam" page on our national web site [www.doknational.com](http://www.doknational.com). The page can be accessed by clicking on the word "Prayer" in the navigation bar and then click on "In Memoriam."

In the past memorials in the Royal Cross were only for past national presidents. The Royal Cross editors feel that this will be an excellent way to honor those Daughters who may or may not have been known nationally.

There are currently two different types of submissions on the In Memoriam page which will give you an idea of what types of submissions are being accepted. Submissions without a picture will also be accepted.

Material and memorials for this page may be submitted via email to Phyllis Larson [PhyllisLarson@dok-national.org](mailto:PhyllisLarson@dok-national.org). Please include your name, the name of your Chapter, Church and Diocese, and a phone number where you can be reached in case of questions.

The National Council is committed to more communication with the Daughters. Each month at least three council members will contribute an article for the Constant Contact newsletter. I encourage you to sign up for this newsletter which will be sent to your e-mail address. To sign up, go to [www.dok-national.org](http://www.dok-national.org). On the right side of the home page you will see a green box. Just enter your e-mail address in the box provided. The next newsletter will have articles from Jen-Jr. DOK Chair, Pam-International Chair, and Christine-Province 8 President, and much more.

*fAs, Phyllis Larson, Second Vice President, The Order of the Daughters of the King*



**Check out the DOK National Website at: [www.doknational.com](http://www.doknational.com)  
and sign up to receive the e-newsletter.**

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\* *Province 1 News...* \*  
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The Order of the Daughters of the King Province 1 will be holding a Retreat  
March 18 and 19, 2011  
at the Genesis Spiritual Life and Conference Center Westfield, Massachusetts

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Holy God, we pray to live in such a way that others will know they are always welcomed into the body of Christ. May we be a people who reach upward to you for strength and outward to those who don't yet know you. Amen.



Diocese of WMA Daughters of the King  
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