

Fall 2010 Offerings
from the Kairos Spiritual Life Center
A Ministry of All Saints Church, 10 Irving St., Worcester

Friday Oct. 15 – Sunday Oct. 17: “Resting in God: A Time for Prayer and Retreat”

Join us for the 5th annual Kairos fall retreat: a gift of spacious and gentle time, as we gather at the beautiful wooded retreat setting of the Barbara Harris Center in Greenfield, NH!

The retreat begins with supper on Friday and ends with lunch on Sunday.

Led by Nancy Elder-Wilfrid (Clergy Associate at All Saints Church and Director of the Kairos Spiritual Life Center) and Susie Allen (Associate Pastor at UCC Boxborough and musician).

Cost for the retreat is \$300; \$290 if registered by September 1st.

Saturday November 6: “Enneagram Advanced Workshop: A Day of Discovery”

Herb Pearce, a leading expert in the Enneagram, will review the 9 Enneagram types, and help us to learn more about the type most basic to our motivation, thinking and behavior. He will then introduce us to the subtleties between them while we learn more about how to develop each of the nine types in ourselves.

All Saints Church, 9:00 – 12:30; \$25.00

“Living with God: Saints for Our Time”: *a nine month program building spiritual community through shared prayer and reflection in on-going small groups; we will use “contemporary saints” to guide our prayer and reflection. Led by Nancy Elder-Wilfrid, Susie Allen and Nancy Small (Hospice Chaplain for VNA and spiritual director), with groups meeting monthly in Boxborough, Holden and Worcester. Registration deadline September 10th.*

First meeting: September 18th; tuition for the year: \$200.00

“Living in Ministry: Peer Coaching for Pastoral Leaders”: *an ecumenical program designed to support clergy and professional lay ministers in their pastoral, professional and spiritual lives, through regular gatherings and intentional life-coaching relationships within the group. Co-sponsored with the Boundless Way Zen Center, and led by Nancy Elder-Wilfrid and David Rynick, a professional life coach and ordained Zen Sensei. Registration deadline September 20th.*

First meeting: October 7th; tuition for the year: \$425.

Saturday January 23rd: Annual Winter Solstice Labyrinth Walk

Join us for a candlelight labyrinth walk as we begin to move from darkness to light.

All Saints Church, 5:30-7:00; potluck dessert to follow walk.

On-going Kairos programs will include:

**Centering Prayer: most 2nd Mondays of the month, 7:30 – 9:00, at All Saints September 13, October 4, (November: to be announced), December 13, January 10*

**First Friday Films (1st Fridays of the month, 7:00 at All Saints; \$3 donation)*

October 1: *Little Buddha* (a quest to find the reincarnation of a great Buddhist teacher)

November 5: *Arranged* (the friendship between an Orthodox Jewish and a Muslim woman, both in process of going through an arranged marriage)

December 3: *The Color of Paradise* (an Iraqi film about a blind boy and his family)

For more information or to register for events, please contact the Kairos Spiritual Life Center at 508-752-3766, ext. 19 or kairoscenter@allsaintsw.org.