

## **GUIDELINES FOR CONFIRMATION PREPARATION DIOCESE OF WESTERN MASSACHUSETTS**

Preparation needs to include at least the following:

1. Minimum of 16 hours of Catechumenal preparation
2. Move toward young people not being confirmed until at least 10<sup>th</sup> grade
3. Daily prayer and weekly Sunday Eucharist
4. Regular reflection on Scripture
5. Small group faith sharing and prayer
6. Content should include: introduction to the Bible and history of the Church, BCP, Catechism, Baptismal Covenant, and Stewardship (gifts, time & money)
7. Practice “proclaiming by word and deed the Good News of God in Christ” (i.e. training, action and reflection in witness (evangelism) and service (justice & peace))